



Texas Department of
Family and Protective Services

DFPS and Trauma-Informed Care

DFPS Council Meeting

February 8, 2019

Kristene Blackstone

Associate Commissioner for CPS



Trauma-Informed Care

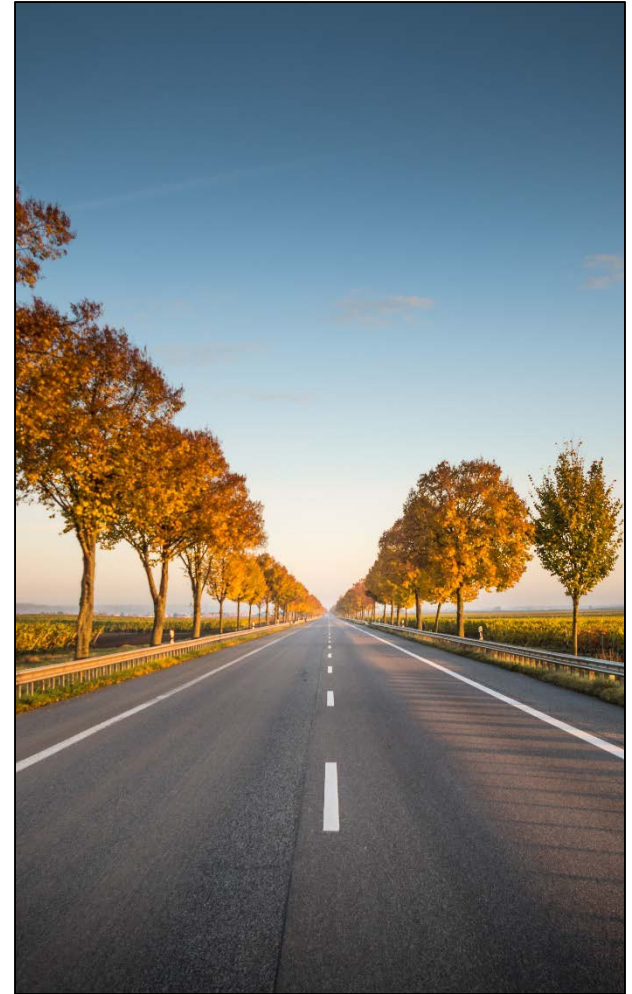
At DFPS, trauma-informed care is more than an implementation,
it's a perspective shift.



Circle of Care/System of Care

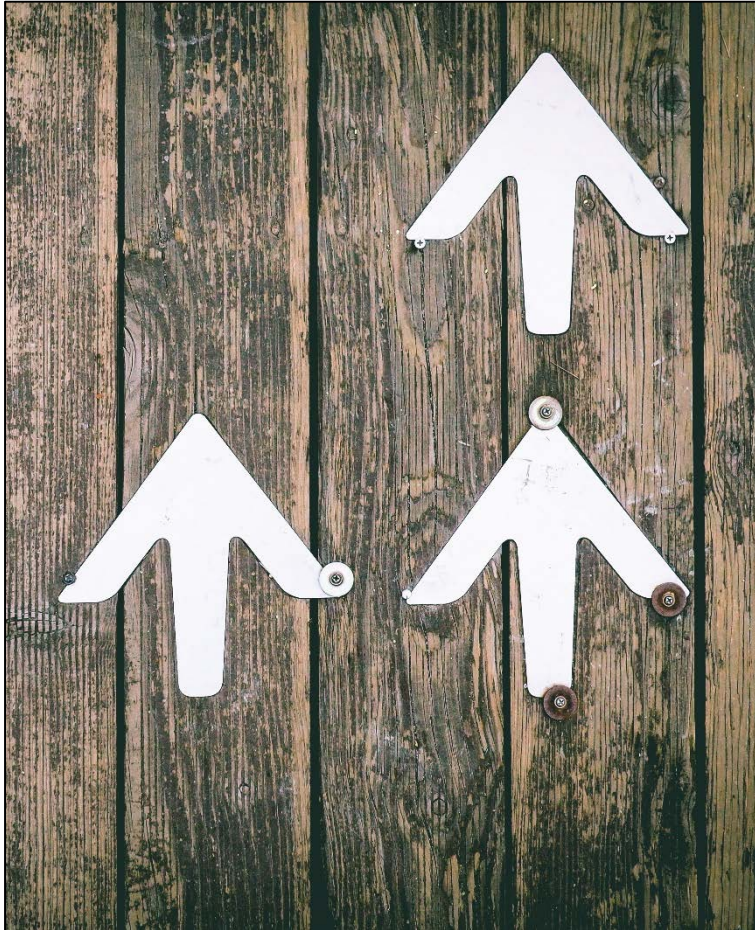


- **2009** – TIC Training for caseworkers and caregivers
- **2010** – TIC Training for Residential Providers
- **2012** – Annual training required for caregivers; DFPS Public two-hour training live on public site and CLOE Learning Station
- **2015** – RCC increase to 8 hours of TIC training prior to being the only caregiver responsible for a child in care





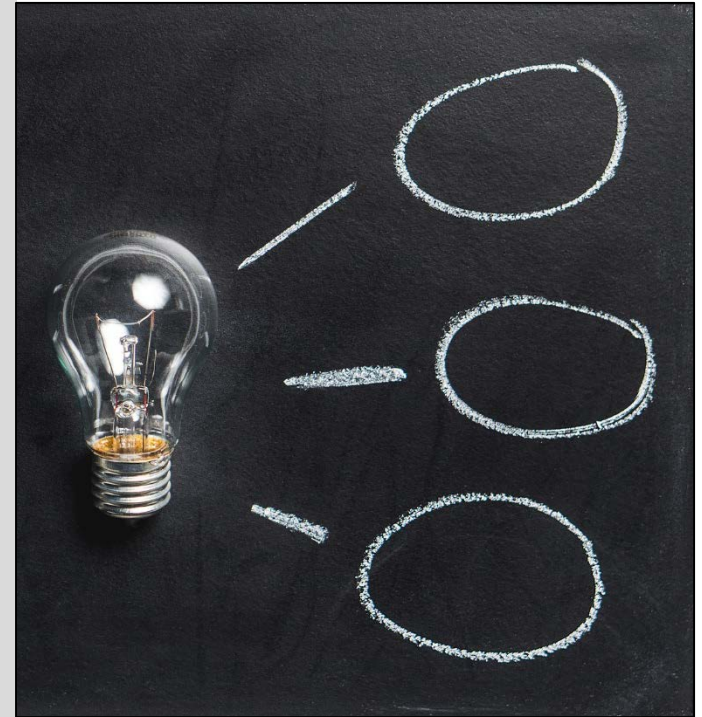
Accomplishments



- **2016** – CANS Assessment Implementation
- **2017** – TIC Program Specialist Position
- **2017** – Building Resiliency in the Face of Trauma (BRIFT): TBRI-Based Secondary Trauma training for CPS Staff
- **2017-2018** – Statewide Collaborative on Trauma-informed Care

Required Training for CPS Staff

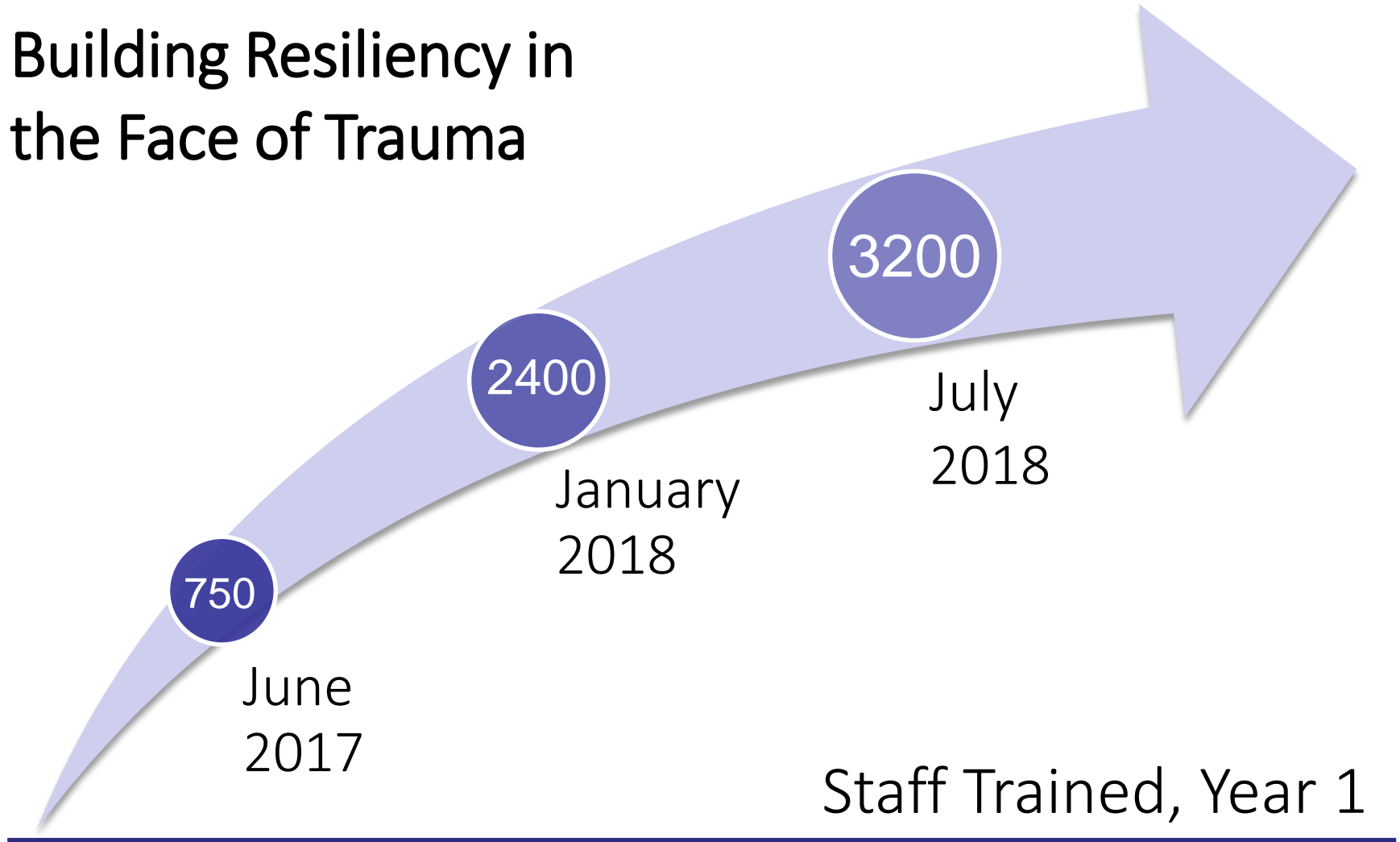
- Initial training for new staff based on National Childhood Traumatic Stress Network (NCTSN) curriculum
 - Provided by Cenpatico/STAR Health and CLOE
- TIC Refresher training, annual
- Secondary Trauma Training: Building Resiliency in the Face of Trauma (BRIFT)
 - A TBRI-Based curriculum





Secondary Trauma Training

Building Resiliency in the Face of Trauma



Staff Trained, Year 1

Legislative Appropriations Request FY20-21




Requesting 13 new positions to address the impact of trauma on staff through a secondary trauma program and supports for caseworkers.

Required Training for Residential Providers

- **Minimum of 8 hours including:**
 - Adverse Childhood Experiences
 - Secondary Trauma prevention and management
 - Practical applications for caregivers
- **TIC Refresher training, annual**
- **Providers have choices, including:**
 - NCTSN, STAR Health / Foster Care EDU, TBRI, Sanctuary Model



I am ▾ Child Protection ▾ Prevention Services ▾ Investigations ▾ Adult Protection ▾ Child Care Licensing ▾ Adoption & Foster Care ▾ Doing Business with DFPS ▾

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Trauma Informed Care Training

DFPS provides this training to assist families, caregivers and other social service providers in fostering greater understanding of trauma informed care and child traumatic stress.

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The Department of Family and Protective Services (DFPS) recognizes the long-term effects of adverse childhood experiences such as child abuse and neglect. The need to address trauma is increasingly viewed as an important component of effective service delivery. The impact of trauma is experienced by children, families, caregivers, and the social service providers who serve them.

DFPS is providing this training opportunity to assist families, caregivers and other social service providers in fostering greater understanding of trauma informed care and child traumatic stress. We hope this will help you understand the effects that trauma can have on child development, behaviors, and functioning, as well as recognize, prevent and cope with compassion fatigue.

Take the Training

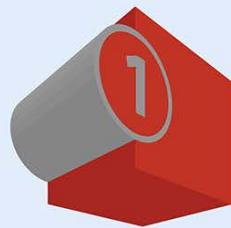
Estimated time to complete: 2 hours
Best viewed in Full Screen Mode



Trauma Screening and Assessment

3 IN 30

A COMPLETE APPROACH TO BETTER CARE FOR CHILDREN



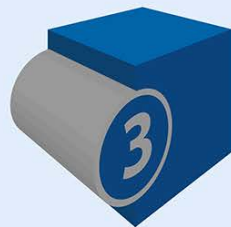
3-Day Initial Medical Exam

In 3 business days, children entering DFPS care must see a doctor to be checked for injuries or illnesses and get any treatments they need.



CANS Assessment

In 30 days, children (ages 3-17) must get a CANS assessment. This review helps us understand how trauma is affecting a child, and how the child is doing. CANS tells us which services may help the child, such as counseling. It also shows strengths we can build on, like good relationships.



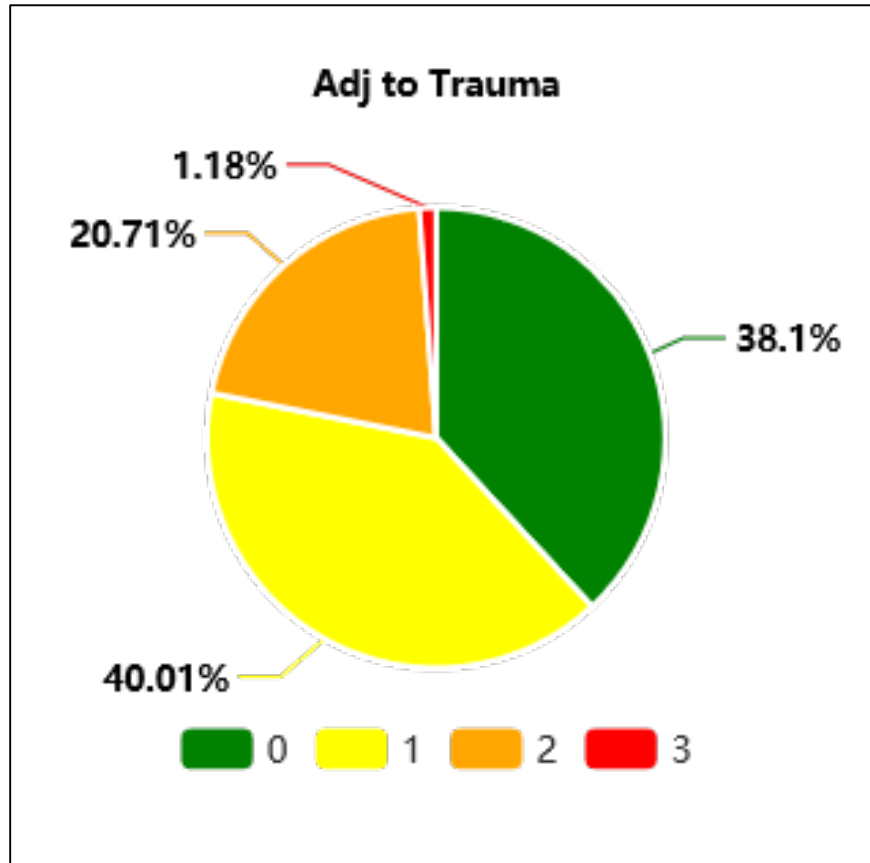
Texas Health Steps Medical Check-Up

In 30 days, each child must see a doctor for a complete check-up with lab work.

This makes sure:

- We address medical issues early.
- Kids grow and develop as expected.
- Caregivers know how to help the child grow and develop.





Initial CANS assessments from 9/1/17-8/31/18



Youth and Family Voice

The voices of those we serve are critical to furthering a trauma-informed system.





Treatment Foster Family Care





Partnerships and Workgroups

STAR Health

Home Find a Provider Contact Us Login

Contrast On Off a a a language ▾

FOR MEMBERS & CAREGIVERS **FOR PROVIDERS & AGENCIES**

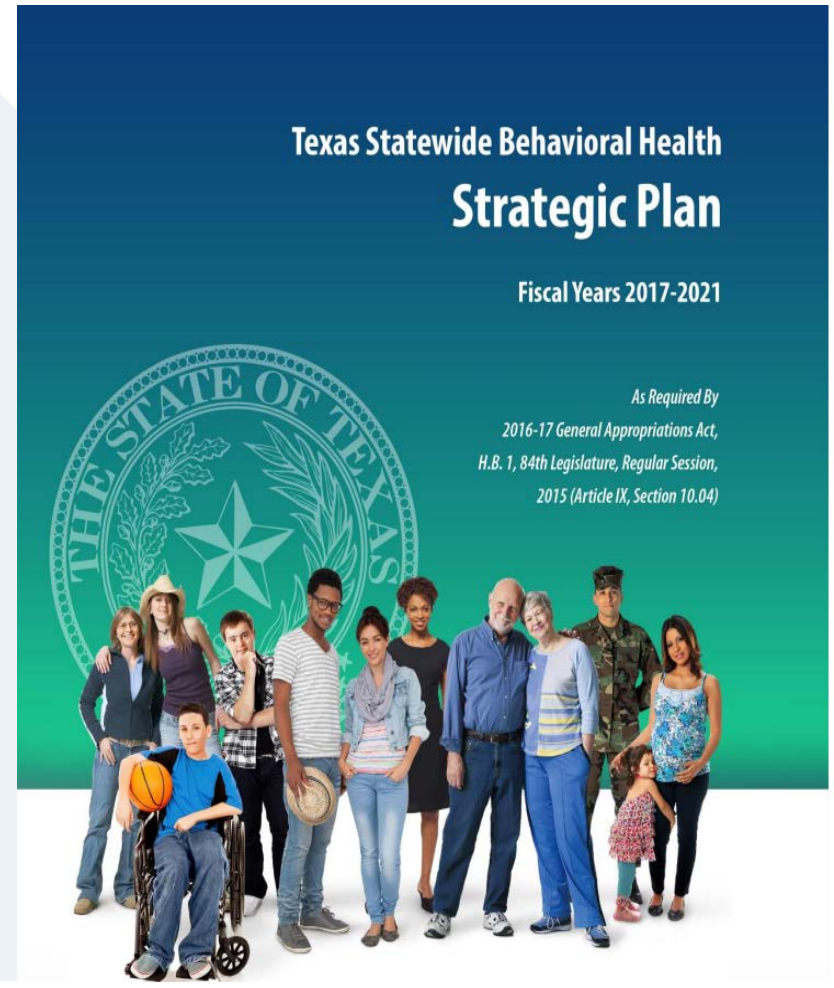
Welcome to STAR Health

Superior helps children in the Texas foster care program get well and stay well.

Partnerships and Workgroups

Texas Health and Human Services

- HHS/ Behavioral Health Strategic Plan
 - Office of Mental Health Coordination
 - IDD and Behavioral Health Collaboration
 - Wraparound Services
 - Local Mental Health Authorities





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and Protective Services

Partnerships and Workgroups

Texas System of Care

The image is a composite graphic. On the left, there is a vertical banner with a light yellow top section, a dark blue middle section, and a light yellow bottom section. The top section contains the Texas System of Care logo (a stylized kite) and the text 'Texas System of Care' in bold, with the tagline 'Achieving Well-Being for Children and Youth' below it. The middle section contains the text 'A Better Future for Texas Children' in white. The bottom section contains the text 'The Impact of System of Care' in a smaller font. To the right of the banner is a photograph of four young children of diverse backgrounds leaning over a table, intently reading an open book together.



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Texas Building Bridges Initiative



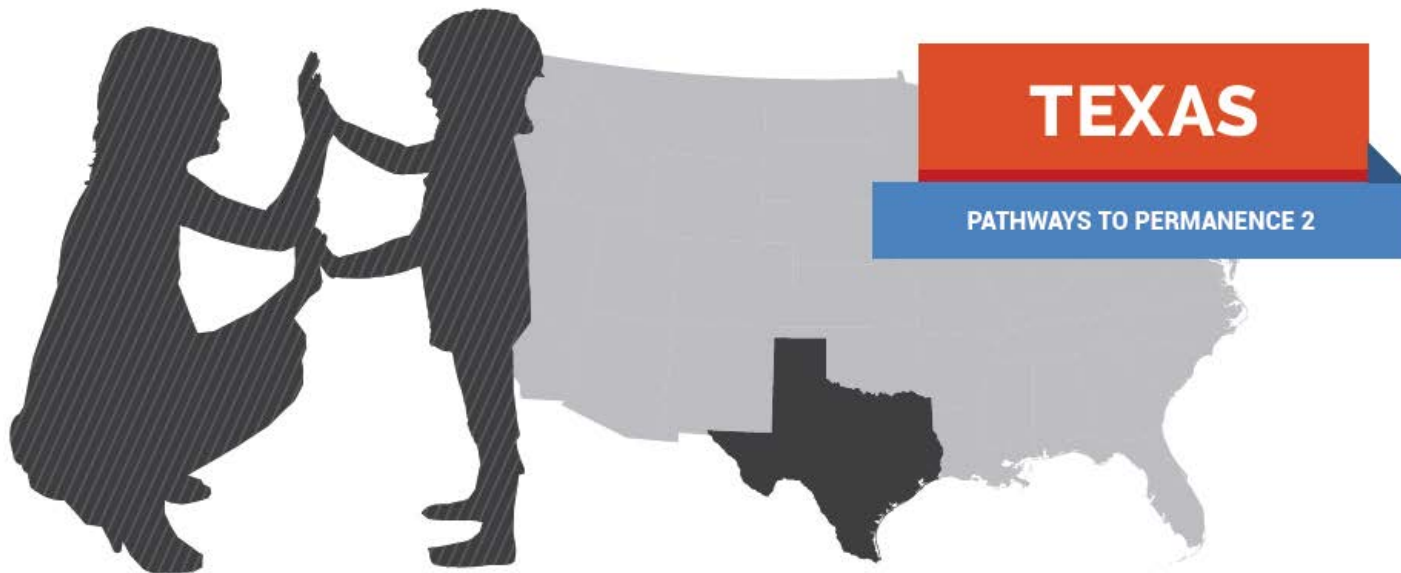


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Partnerships and Workgroups

Texas QIC-AC Project

QIC•AG Quality Improvement Center for
Adoption & Guardianship Support and Preservation





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Partnerships and Workgroups Travis County



TRAVIS COUNTY COLLABORATIVE FOR CHILDREN



Ongoing Work

- Applying a trauma-informed lens throughout the agency
- Policy, practice and training review
- Collaboration with system-wide partners



Policy Workshops

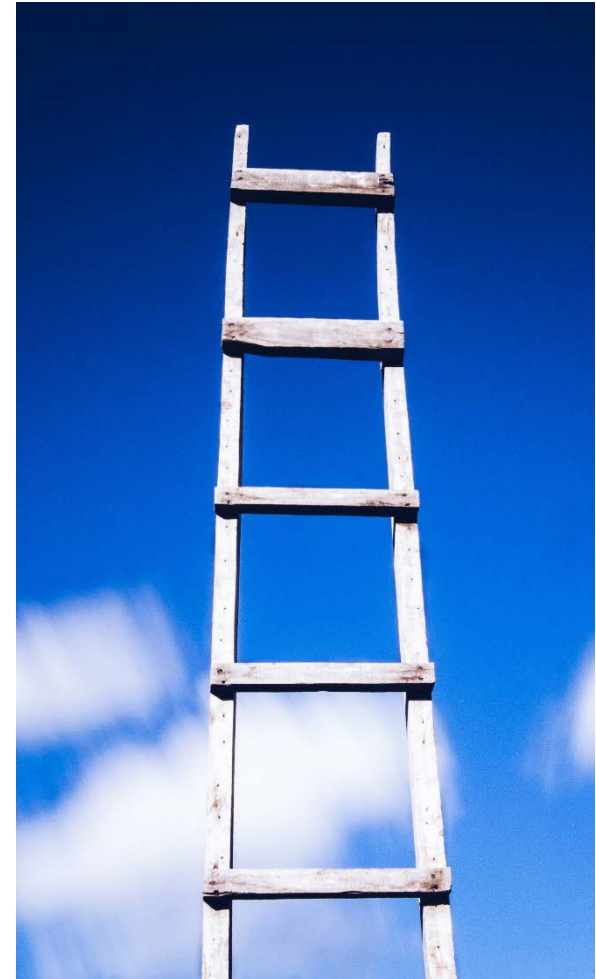


January 2019 -
Workshops for
CPS state office
staff on applying a
Trauma- and
Equity-informed
lens in policy
review and
development



Caseworker Training

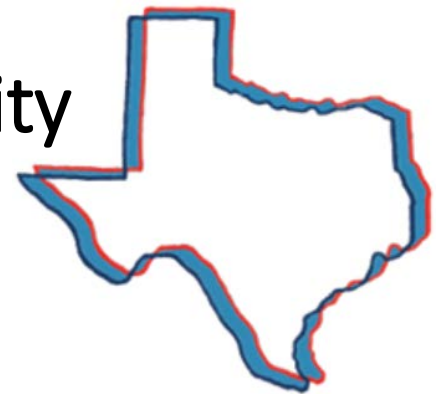
To build upon caseworkers' foundational knowledge and skills, DFPS is currently exploring advanced training options for caseworkers.





Statewide Collaborative on Trauma-Informed Care

- Culture
- Collaboration
- Equity
- Family and Youth Voice
- Secondary Trauma
- Training
- Information Sharing
- Data
- Sustainability





Questions

