

Description for Protective Factors and Family Well-Being Infographic

Image shows a balanced scale with protective factors on the left, risk factors on the right, and a whole family balanced in the middle.

Protective Factors

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children

Risk Factors

- Lack of parenting knowledge
- Social isolation
- An inability to cope with stress in a healthy manner
- Unmet emotional needs
- A lack of access to basic needs (housing, food, stable employment, healthcare, transportation)
- Drug or alcohol addiction
- History of childhood trauma

