

## **Help for Youth and Young Adults Supporting Foster Youth and Families through the Pandemic Act**

Are you under the age of 27?  
Aged out of the Texas Foster Care System?  
Participating in Texas Extended Foster Care?

**If so, you may be eligible for the time-limited Federal pandemic relief benefits to help with:**

- *Basic Needs*
- *Rent*
- *Educational Assistance*
- *Utilities*
- *Child Care*
- *Other expenses*
- *Groceries*
- *Car insurance*

**If you left care on or after January 27, 2020 and are interested in the option to return to care, you can re-enter care even if you are older than the traditional age to be in care, i.e. 21, or 22 (for those attending high-school or a GED program). This option only lasts through September 30, 2021.**

**If assistance is needed and you are eligible for available services, please reach out to the following:**

- If you are currently participating in extended care, reach out to the [Regional Preparation For Adult Living \(PAL\) Coordinators](#).
- If you recently left care and are interested in re-entry into extended foster care, reach out to the [Regional Preparation For Adult Living \(PAL\) Coordinators](#), your direct PAL staff or previous CPS caseworker.
- If you are participating in Educational Training Voucher program (ETV) program, or lost eligibility at age 23, you can submit a supplemental budget for the fall 2020 semester and the spring 2021 semester or a new application for consideration of funds at <https://discoverbcfs.net/texasetv/>.

- If you aged out of foster care and are 18 or older but have not turned 21, you can seek resources through [PAL Aftercare Case Management Services](#).
- If you are 14 or older, and you are in foster care or participating in extended foster care, you can seek resources through your current PAL staff or [Regional Preparation For Adult Living \(PAL\) Coordinators](#).
- If you aged-out of foster care and are 21 or older but have not turned 27 with a critical need(s), you can reach out to the [Regional Preparation For Adult Living \(PAL\) Coordinators](#) for assistance.