

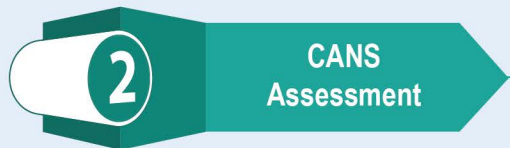
All children who come into DFPS care need a good review of their physical and behavioral health needs right away. As a caregiver of a child in DFPS care, we know you are committed to the health, safety, and well-being of the children in your home.

With your help, CPS is launching a new practice in 2018 called 3 in 30. It combines three critical tools for learning the medical, behavioral, and developmental strengths and needs of children and youth. These tools will help us understand the children in your care so we can tailor services to their needs.

Children and youth who come to live with you must have the 3-Day Medical Exam within three business days of entering DFPS legal custody. The Texas Health Steps Medical Checkup and the Child and Adolescent Needs and Strengths (CANS) Assessment must be complete within 30 days.



In 3 business days, children entering DFPS care must see a doctor to be checked for injuries or illnesses and get any treatments they need.



In 30 days, children (ages 3-17) must get a CANS assessment. This review helps us understand how trauma is affecting a child, and how the child is doing. CANS tells us which services may help the child, such as counseling. It also shows strengths we can build on, like good relationships.



In 30 days, each child must see a doctor for a complete check-up with lab work. This makes sure:

- We address medical issues early.
- Kids grow and develop as expected.
- Caregivers know how to help the child grow and develop.

Call **STAR Health Member Services** at **866-912-6283**

Ask for a nurse outside of normal business hours.

For help with:

- Finding a doctor for the exam, assessment, or check-up
- Learning if your current doctor can do the 3-Day exam and Health Steps checkup
- Questions about Medicaid ID cards
- Problems with pharmacy refills
- Medical, dental, behavioral health or vision services

For more information:




- Search "3 in 30" on the DFPS website at www.dfps.state.tx.us
- Send questions to DFPSStarHealth3In30@dfps.state.tx.us



TEXAS
Department of Family
and Protective Services

3 IN 30

A COMPLETE APPROACH TO BETTER CARE FOR CHILDREN

Appointment	Date/Time/Location of Appointment
 3-Day Initial Medical Exam Due:	
 CANS Assessment Due:	
 Texas Health Steps Medical Check-Up Due:	

What should I bring to the appointment?

- A fully signed and approved Medical Consent Form 2085-B (a form that shows the child has STAR Health and immediate coverage)
- Texas Benefits Medicaid ID Card, if available.
- Superior Health Plan ID Card, if available.